

1/2 cup coconut oil

1/2 cup crunchy peanut butter. (I used Teddy Super Crunchy)

3 T cocoa powder

3 T Swerve Confectioners

1t vanilla

- Melt it all in a pot over the stove.
- Pour it into a spouted cup
- Pour into molds.
- Last time I made it, using these molds, it made 50.

This is what I got when I plugged this into Carb Manager:

0 Net Carbs / 4g Fat / 1g Protein / 35 Calories