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#ketocornbread



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buttercup.low_carb Jalapeno Cheddar Keto Cornbread. 🥰🌶️ I am making chili tonight too.

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- 2 cups almond flour
- 1 1/2 tsp baking powder
- 1/2 tsp salt
- 1- 2 tbsps sweetener
- 2 cups block cheddar cheese shredded (account for carbs if you use pre shredded cheese)
- 3 large eggs
- 3 tbsps heavy whipping cream
- 1/2 cup sour cream
- 1/4 cup melted butter
- chopped pickled jalapenos (to taste)

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- Mix first 5 dry ingredients together • Mix next 5 wet ingredients together
- Add wet ingredients to dry mix and stir
- Bake in a greased 9x9 baking dish at 350 degrees for appropriately 30 minutes
- This recipe makes 18 squares and comes to 2 net carbs per square. Macros may differ depending on what products you use



